

THE SECOND

Seconds are often asked to make "take-outs".

Skills:

- Develop a comfortable "take-out" delivery.
- Learn to adjust your weight from draw to take-out and vice versa.
- Be able to pick-up sweeping on slow rocks.
- Have an effective sweeping technique.
- Concentrate on your delivery: when throwing the heavier take-out rocks, make certain you concentrate on your form and not on pushing the rock.
- Know the in- & out- turns.
- Hit the skip's broom regularly.

Rules & Etiquette:

- Stand behind the house only when it is your turn to throw a stone.
 - You can sweep your teammates' rocks to (but not past) the opposite tee line.
 - Stand still at the side of your sheet while the opposing team is throwing their Stones so as not to obstruct their view of the skip's broom or distract them.
 - If you touch with your broom while sweeping (or anytime you touch a stone), you must call the foul.
 - Traditionally, you throw the second set of stones.
 - Traditionally, you sweep the lead's, vice's and skip's stones.
 - Stand beyond the nearest hog line until it's your turn to sweep.
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